

# PREPOPIK PREP

Your insurance company may require pre-authorization for this outpatient procedure. Make sure the office has your current insurance information. Please let your physician know if you are taking Coumadin, Plavix, or if you are a diabetic. If you are taking Plavix or Coumadin these medications will need to be stopped \_\_\_\_\_ days before your procedure. You may take Tylenol during this time.

NAME: \_\_\_\_\_ Date of Exam \_\_\_\_\_

TIME: Please arrive at the appropriate facility at \_\_\_\_\_ A.M./P.M.

\_\_\_\_\_ GA Endoscopy Center, 1429 N. Mount Auburn Rd

\_\_\_\_\_ Center for Digestive Diseases, 28 S. Mount Auburn Rd.

## THE DAY PRIOR TO THE EXAM:

- Try to drink 8 oz. of clear liquid every hour for six hours prior to starting your prep.
- Drink only clear liquids for breakfast, lunch, and dinner (see attached sheet).
- No solid foods, milk or dairy products!!!

## STEP 1:

- Fill the dosing cup provided with cold water up to the lower (5 ounce) line on the cup. Pour in the contents of ONE (1) packet. Stir for 2-3 minutes until dissolved.

## STEP 2: BEGINNING AT: \_\_\_\_\_

- Drink the entire contents.

## STEP 3:

- Follow with FIVE (5) 8-ounce drinks of clear liquids, taken at your own pace, within the next 5 hours.

## STEP 4: BEGINNING AT: \_\_\_\_\_

- Repeat STEPS ONE (1) AND TWO (2).

## STEP 5:

- Follow with at least THREE (3) 8-ounce drinks of clear liquid within 5 hours before bed.

**DO NOT** drink anything after \_\_\_\_\_ until your procedure is completed. You will be sedated and must bring a driver with you or the procedure will NOT be done.