

SUPREP

Your insurance company may require pre-authorization for this outpatient procedure.

Make sure the office has your current insurance information.

Please let your physician know if you are taking **ANY BLOODTHINNERS** or if you are **DIABETIC**.
If you are taking **Plavix, Pradaxa, Xarelto Eliquis, Coumadin, Warfarin or any other bloodthinner**
these medications will need to be stopped _____ days before your procedure.

NAME: _____ Date of Procedure: _____

TIME: Please arrive at the appropriate facility at: _____ AM/PM

_____ GA Endoscopy Center, 1429 N Mt Auburn Road

_____ St Francis Medical Center, 211 St Francis Drive, Entrance #4



YOU WILL BE SEDATED AND MUST BRING A DRIVER WITH YOU
OR YOUR PROCEDURE WILL **NOT** BE DONE



THE DAY PRIOR TO YOUR PROCEDURE: _____

- ✓ Drink at least 8 ounces of clear liquid every hour
- ✓ Drink only liquids for breakfast, lunch and dinner (see attached liquid diet sheet)
- ✓ **NO** solid foods, milk or dairy products!!!

STEP 1: Beginning at _____

- Pour one (6 oz) bottle of SUPREP liquid into the mixing container
- Add drinking water or optional additives to the 16 oz line on the container and mix
You can mix with: Sprite, Club Soda, Crystal Light, MioDrops (no red or purple)
You may also try: chewing Big Red gum, peppermint or cinnamon hard candy, drink through a straw
- Drink all liquid in the container over the next 30-45 minutes
- Drink two (2) more 16 oz containers of clear liquids over the next two (2) hours

STEP 2: Beginning at _____

 **REPEAT STEP 1**

STEP 3: Beginning at _____

- Drink 1 bottle of MAGNESIUM CITRATE over the next 30-45 minutes
- Drink at least 16 oz of liquid before time listed below

****YOU WILL NEED TO PURCHASE THIS SEPARATELY OVER THE COUNTER****

Tips for drinking:
-Refrigerate
-Drink through a
straw

**Do not drink anything after _____ until your
procedure is completed.**

Please call (573) 334-8870 if you have any questions