

# COLONOSCOPY – TRILYTE PREP

Your insurance company may require pre-authorization for this outpatient procedure. Make sure the office has your current insurance information.

Please let your physician know if you are taking Coumadin, Plavix, or if you are a diabetic. Tylenol and Celebrex are OK. **DO NOT TAKE PLAVIX OR COUMADIN FOR \_\_\_\_\_ DAYS PRIOR TO THE EXAM.**

**VERY IMPORTANT:  
DRINK ALL CONTENTS OF PREP**

NAME: \_\_\_\_\_

DATE: \_\_\_\_\_

TIME: Please arrive at the appropriate facility at: \_\_\_\_\_ A.M./P.M.

\_\_\_\_\_ GA Endoscopy Center, 1429 N Mount Auburn Road  
\_\_\_\_\_ Center for Digestive Diseases, 28 S. Mount Auburn Road

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- #1. The day prior to the exam \_\_\_\_\_.  
\*\* Drink only clear liquids for breakfast, lunch, and dinner (see attached sheet).  
\*\* NO SOLID FOODS, MILK OR DAIRY PRODUCTS
  - #2. 8:00 A.M. fill the TRILYTE jug with lukewarm water, shake well, and put in refrigerator.  
**(SEE BELOW)**
  - #3. 12:00 P.M. take two (2) Dulcolax tablets with 8 oz. of water.
  - #4. \_\_\_\_\_ BEGIN DRINKING THE SOLUTION. Drink 8 ounces every 15 minutes until half of the solution is gone.
  - #5. \_\_\_\_\_ BEGIN DRINKING THE REMAINING SOLUTION. Drink 8 ounces every 15 minutes until solution is gone. **DO NOT DRINK ANYTHING AFTER \_\_\_\_\_.**

**\*\* You will be sedated and must bring a driver with you or the procedure will NOT be done.**

**\*\* NO raw fruits or vegetables three (3) days before your exam. NO corn, tomatoes, or anything with seeds!**

**\*\*INSTEAD OF USING THE FLAVOR PACKETS, MAY USE CRYSTAL LIGHT TO MAKE IT TASTE BETTER.....NO RED OR PURPLE**

Please contact our office if you have any questions regarding these instructions at 573-334-8870 or 1-800-455-4888.

**OVER>>>>**